



The Eagle Eye

Volume 8, Issue 1

October 2009

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To view principal messages please refer to the bullrun eagles.org website.

Olweus Bullying Prevention



This is Bull Run’s third year implementing the Olweus Bullying Prevention Program. The program is a research-based, school wide effort that focuses on building healthy relationships through class meetings. It also involves educating staff, students, parents and the community about bully prevention.

Our “SOAR Kick Off” which launches the Olweus program, is on October 1st during students’ PE or Music Classes. Camfel Productions will present a dynamic three-screen, multi-media presentation in the gym. The presentation, named “Balance of Power,” is meant to motivate students to reach for their dreams, while, along the way, helping those around them to do the same.

Class meetings will be held weekly on Tuesdays during the students’ advisory period. The focus of the meetings will be to allow students the opportunity to discuss bullying situations and other pertinent developmental concerns in a safe structured environment.

Bullying behavior is the intent to harm with an imbalance of power. As your child gets more educated about what bullying looks like, we encourage you to have open discussions with your family about this topic. Please report bullying and encourage your child to report bullying to a staff member at Bull Run.

Special points of interest:

- If your child is ill, should you keep them home? See page 4.
- Would you like to attend a sporting event but don’t know the schedules? See page 6.
- Interested in PTSO events? See pages 7 and 8.

8th Annual Science & Technology

Due to an increased awareness to technological advances in our world, the science fair has been renamed the Science & Technology Expo to reflect these changes. Starting this year, students will have the opportunity to: **1)** use electronic devices (computers, Smart Boards, etc.) in addition to the “**traditional**” display board to present their experiments; **2)** information sharing via the cafeteria’s new wireless network is available for all students; **3)** presentation of student experiments can be done individually or as a member of a team (no more than 2 people for 6th grade students; no more than 3 people for 7th & 8th grade students); **4) a written paper is required for all grade-levels;** and **5)** organizational winners from local businesses/industries will be awarded, in addition to the place awards and overall winner.

Come join the **7th & 8th grade** students on **Wednesday, February 10, 2010** and the **6th grade** students on **Wednesday, March 10, 2010** in the cafeteria to experience for yourself premier science & technology projects created by our talented students. Even with the above mentioned changes there should be over 350 projects covering 14 scientific categories at both of these science & technology expos.

If you were a judge last year, I will be contacting you later in the year asking for your assistance again. If you would like to be a judge, no experience is necessary and all the training materials will be provided. Judging usually requires a 2.5 hour commitment of your time. Volunteers for non-judging tasks are also needed. Please feel free to contact me at troutjr@pwcs.edu if you would like to help out with our science & technology expos. Additional information about both science & technology expos can be found on the BRMS School Fusion website.

If you have any additional questions or concerns, please do not hesitate to contact me.

Thanks in advance,

John R. Trout, M.Ed.
Science & Technology Expo Coordinator



Facs Department News

The FACS Department welcomes students and parents back to school. We enjoyed meeting all the parents at Back to School Night. Each student will rotate the three FACS classrooms: large group, foods and nutrition lab and module lab. The FACS club will hold its first meeting on Tuesday, October 6. Students need a signed permission slip to attend.

Mrs. Hebert’s classes started FACS in the kitchen. Students have learned about kitchen safety, sanitation and measurement. Ask your student about the food they have prepared in FACS. They will continue to learn about nutrition and prepare healthy foods.

Mrs. Lotz’s classes are now in the large group classroom. Each student has set a goal and is working towards achieving it. Seventh graders are completing mission organization so look for a clean room. Sixth grade has made a friendship bag and are working on problem solving.

Mrs. Willett is in the module classroom. Eighth grade has made a photostory about first impressions. It’s awesome! Your student is busy working on one of the 12 modules in the classroom. Ask them which module they have been assigned.



Guidance News

Thomas Jefferson High School for Science and Technology (TJHSST) is a unique Fairfax County public high school offering a comprehensive college preparatory program emphasizing science, mathematics, and technology. The school serves students selected on the basis of aptitude and interest in biological, physical, mathematical, and computer sciences, engineering, or related fields. Transportation to the school is provided by Prince William County Public Schools.

Applications for Thomas Jefferson High School for Science and Technology will be available in guidance on Monday, September 28. The deadline to submit applications for Thomas Jefferson high school is **Friday, October 23, 2009**, exceptions to the deadline will not be made.

In order to apply to TJ students must:

- Be currently enrolled in Algebra I or Geometry
- Complete the one page application
- Submit the \$90.00 processing fee
 - checks should be made payable to FCPS
- Turn in the completed application and check to Guidance by October 23, 2009



Thomas Jefferson High School will hold an Open House for interested applicants on Saturday, October 10, 2009 from 8:30 AM to 11:30 AM at the school.

Counselors have visited all classrooms in September/October to talk about counseling related services. We have enjoyed meeting the students and talking with them about goal setting and decision making.

Counselors:

6th grade: Ms. Walker (Liberty, Patriots, Independence) & Dr. Stone, (Freedom)

7th grade: Ms. Scott (Toros, Storm, Mustangs); & Dr. Stone (Musketeers)

8th grade: Mrs. Graney

Program Specialist: Ms. Daley

Counseling Intern: Ms. Ibbotson

Guidance Secretaries:

Mrs. Altman

Mrs. Redic

Technology Summit

On August 19th, a total of 39 Bull Run Middle School teachers attended a Technology Summit held at BRMS. At the Summit, our teachers learned how to effectively use their Smart Boards, and also participated in sessions on digital storytelling, podcasting, and student response systems. Many thanks go out to our sponsors - Target, Foster's Grille, Cupcake Heaven, and Five Guys, for their generous donations.



Wellness News

Sarah Brodie, RN

What to do about the Flu??

It's that time of the year again! As we head into fall and winter, the CDC is advising that in addition to seasonal flu, we should expect and be prepared for increased cases of H1N1 this year. The schools have been asked to be vigilant in three areas:

- **Educating** students, staff and the school community of important measures to reduce the spread of illness. Frequent, thorough hand washing and covering coughs are the main ways to avoid spreading illness.
- **Monitoring** students and staff for influenza-like illness symptoms and sending home any student or staff that exhibit a combination of symptoms- fever (over 100) **and** cough or sore throat. Staff and students with these symptoms may be separated from other school population and asked to wear a mask until leaving the building. Students sent home with influenza-like illness symptoms will be instructed to remain home the following day and until they are fever free without medication for 24 hours.
- **Reporting** trends of reported illness in our school population. Staff will ask about your student's specific symptoms when you call to report absences.



Parents can assist us in the following ways:

- Keep children with fever over 100 at home for 24 hrs after fever free **WITHOUT MEDICATION**.
- Reinforce teaching about proper cough/tissue hygiene and hand washing. Please provide tissues for your child with cough or nasal congestion.
- Monitor your student's symptoms before sending them to school if they report illness
- Notify school attendance staff of your student's specific symptoms or if your student has been diagnosed with another illness by your healthcare provider.
- Contact your healthcare provider if you have questions or concerns about your student's health.
- Consider getting a Flu vaccine and having your student vaccinated against the flu.

Keep informed about the latest Flu and H1N1 information. Updated information can be accessed on the CDC website (www.cdc.gov) and the Virginia Dept. of Health (www.vdh.state.va.us)

Reminder

Please remember to forward updated immunization records to the school whenever your student gets new shots or boosters.

Feel free to contact me with questions or concerns regarding the health of your student.

ATHLETICS

Season I sports are underway with over 300 students trying out for Boys Soccer and Football and Girls Volleyball and Track. Congratulations to those who made the teams and good luck this season.

Football Team

Calvin Porter	Landon Word	Logan Brown	Sam Drzal
Matt Gallagher	Cameron Hedgepath	Wyatt Helean	Josh Newman
Corey Parker	Kyle Pederson	Jarvis Robinson	Noah Zentz
Ross Beavers	Trevor Blondin	Jesse Burgess	Ryne Caudle
Matthew Dooley	Brandon Eanes	Josh Fairbanks	Nick Feight
Daniel Garcia	Austin Goins	Gregory Graves	Andrew Jatib
Caleb Kang	Jake Kinder	Logan Lister	Jake Mello
Chase Richardson	Darion Romeo	Jeremy Runciman	Jimmy Shifflette
Matt Skorija	Ryan Torres	Justus Weaver	Brandon Whaley
Joe Williams	Jake Wescott	Chris Prybocki	Connor Booth



Volleyball Team

Shannon McDonald	Maddie Word	Shea swingle	Skylar Sisk
Abby Vega	Yameen Alomouati	Alexis Swingle	Alethia Quintero
Taylor Savage	Samantha Perara	Mary Dobis	Dejay Kerey
Liz Knight	Katie McDonald	Caroline Livingston	Sydney Sisk
Brooke Lincoln	Devon Withers	Abby Wescott	Dean Anna Gayle



Girls Track Team

Hayley Gibson	Galissia Cause	JoSonya Schroeder	Erin Howell
Kellie Burns	Kristen Lee	Alysha Darden	Haley Heston
Tara Jarvandi	Emily VanRoe	Kyla Carte	Ellison Grove
Aden Wooliever	Abena Serwaa	Kelsey Goodwin	Randi Clayton
Claire Gloss	Rajin Palani	Emily Kriss	Brette Driesell
Catherine Lamb	Zya Savage	Brianna Gilmore	Jasmine Hill
Ashley Mosley	Taylor Franklin	Elizabeth Gangemi	Ashley Moses
Erin Fulton	Madison Sunderland	Monica Karas	Erin Ritter
Jessica Holbrook	Lauren Cicone	Cheryl Guzman	Rebecca Collison
Ryan Waltz	Rebecca Howe	Brenda McDonald	



Boys Soccer Team

Matt Asper	Gordon Bradley	Bobby Bynum	Nick Cirigliano
Kamryn Cullen	Jack Daunt	Andres Davila	Eduardo Davila
Conner Delaney	Jaime Delao	Chun-Ting Fong	Nicholas Hilden
Brendan Hogan	Ryan McMillan	Ryan Miller	Brett O'Brien
Matthew O'Brien	Harold Pardo	Haydon Parham	Aarash Roshandel
Nicholas Shannon	Alec Sullivan	Jordan VanRoe	Zack Allue
Josh Boyce	David Turnbull		



Season I Sports Schedule

FOOTBALL

Thursday, Oct. 1 at Benton
 Wednesday, Oct. 7 at Marsteller
 Thursday, Oct. 15 vs Parkside
 Thursday, Oct. 22 at Gainesville
 Thursday, Oct. 29 at Lake Ridge
 Thursday, Nov. 5 vs Stonewall

GIRLS TRACK

Tuesday, Sept. 29 at Marsteller
 Monday, Oct. 5 at Gainesville
 Thursday, Oct. 8 at Manassas Park
 Monday, Oct. 12 vs Stonewall
 Wednesday, Oct. 14 vs Parkside
 Wednesday, Oct. 21 REGIONALS
 AT BATTLEFIELD

BOYS SOCCER

Tuesday, Sept. 29 vs Marsteller
 Thursday, Oct. 1 at Parkside
 Tuesday, Oct. 6 at Gainesville
 Thursday, Oct. 8 vs Manassas Park
 Tuesday, Oct. 13 at Stonewall
 Thursday, Oct. 15 at Marsteller
 Tuesday, Oct. 20 vs Parkside
 Thursday, Oct. 22 vs Gainesville
 Tuesday, Oct. 27 at Manassas Park
 Thursday, Oct. 29 vs Stonewall

VOLLEYBALL

Tuesday, Sept. 29 vs Marsteller
 Thursday, Oct. 1 at Parkside
 Tuesday, Oct. 6 at Gainesville
 Thursday, Oct. 8 vs Lake Ridge
 Tuesday, Oct. 13 at Stonewall
 Thursday, Oct. 15 at Marsteller
 Tuesday, Oct. 20 vs Parkside
 Thursday, Oct. 22 vs Gainesville
 Tuesday, Oct. 27 at Manassas Park
 Thursday, Oct. 29 vs Stonewall

Football coaches by Mr. Bianco and Mr. Puhlick

Girls Track coaches are Mrs Sorrell and Mr. Hopkins

Volleyball is coached by Ms Wetherbee

Boys Soccer is coached by Mr. Neves

We welcome all students and parents to come, watch and support our student athletes in their games. Please be advised that there is a fee to watch. This money goes back into the athletic program. The fees are:

Adults = \$2.00

Students in grades 6-12 = \$1.00

Students in grades K-5 = \$.50

Senior Citizens and Employees of PWCS = Free

PTSO October News

The PTSO has been very busy over the summer and the last few weeks getting ready to make a difference this school year!

As you have seen in your student's first day folder, we included several papers of information including a **Membership Options Form and an Events Calendar**. We hope you have had a chance to sign up to be a member of the PTSO. The Events Calendar gives you a list of all the events of the PTSO. Please note that the calendar has already had some changes, so be sure to print the most updated one at www.bullruneaglesptso.org. Hang it where you'll be reminded of the events.

The PTSO website has been updated and has a flurry of information on it. Visit it any time you have a question about an event, or just want to order spirit wear, etc. You can even pay for your membership, beginning in October with PayPal through the website!

The **fall dance** is being held on October 16 from 7:00-9:00. The students voted on the theme of "**Glow in the Dark**". We'll have a lot of fun things to do in addition to the dance. The students will have the opportunity to have a picture taken with their friends, play games, get their hair sprayed in different colors, eat snowcones, popcorn, pizza, etc! It will be a fun night for all! Chaperones and volunteers are needed – please contact Cathy Toureau at ctour22@aol.com to help.

Many businesses are supporting BRMS by hosting a **spirit night, day or weekend**. Instead of fundraising, this is a chance to "fun" raise and enjoy a family night out. We certainly don't expect anyone to hit them all but you may see a family favorite or just want a night out of the kitchen. By visiting these businesses on our day, we will receive up to 20% of the sales brought in by BRMS supporters. Staff members have agreed to be celebrity servers so don't miss out! Please check out our website at www.bullruneaglesptso.org for the businesses, dates and times. Don't forget to take the appropriate voucher (if required) for proper credit!

Sign up for **Target, Giant A+ Bonus Bucks, Bloom, Harris Teeter VIC Card**. All these businesses will donate \$\$ from your purchases to the school!

https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=elsl

http://www.harristeeter.com/community/together_in_education/link_to_your_school.aspx

<http://sites.target.com/site/en/corporate/page.jsp?contentId=PRD03-005158>

Are you a scrapbooker or a scrapbooker wanna-be? We have a fun, new fundraiser that is affordable, useful and available 24/7 from your laptop for the duration of the entire school year. *Use your digital photos to create amazing photo products in literally minutes!! You don't have to be creative to use it!! Patented "Smart Arrangement" optional feature, groups and arranges your photos in seconds. Or you can do it yourself!* We have partnered with **Rocketlife**, a photo publishing software company, that takes your personal photos and lets you create memory books, t-shirts, coffee mugs, coasters, playing cards, mouse pads, tote bags, wall collages, posters, keychains & so much more!!! We receive ALL THE PROFITS from sales!!! Go to www.photobookoffer.com. Enter this access code, BRE909.

- You don't have to have a student who attends BULL RUN for us to get the profits....so tell your FAMILY MEMBERS, FRIENDS, GRANDPARENTS, Co-Workers, etc.
- It's simple, go to <http://bullruneaglesptso.myphotoproducts.com>. This is Bull Run's OWN PERSONAL Website, so all orders are credited to our account
- We're giving you A FREE 20-PAGE PHOTO BOOK, to try this fundraiser. All you pay is \$4.95 shipping/handling!

PTSO October News (cont.)

The **SCRIP (gift card) Program** is a great fundraiser to help support our PTSO. You can enroll online at www.shopwithscrip.com and must utilize the enrollment code: **L76BL21917699** when prompted in order to properly credit to our school. You pay face value for the cards and we earn a percentage of the cost! It's that simple. Please check the PTSO Events Calendar to determine order dates. You can purchase cards for gifts or monthly household expenses such as groceries, gas, pharmacy, apparel, etc. as there are countless local retailers who participate. You can pay online utilizing their debit system (with a .39 surcharge) or you can send a check to school with the envelope addressed to: Patricia Redding, SCRIP Coordinator- Bull Run PTSO. Gift cards are typically to you within 2-3 days after our order dates. If you have any questions, contact Patricia Redding at 571-233-6547 or patriciaredding@comcast.net. Happy shopping!!

Would you like to get rid of all those pesky little pink **Box Tops for Education** labels you've been finding in your kitchen drawers over the summer? Well, here's your chance to get rid of those Box Tops and maybe see a movie for free! Now through Friday, October 16, you'll receive one chance for each completed contest form turned in at the Main Office. The contest flyer was sent home earlier this week. For additional forms, visit www.bullruneaglesptso.org. You can also help out by going to www.thebigclip.com and registering your email address for a chance to win **\$25,000** or even **\$50,000** for our school! You can enter every day through October 31, 2009. The more entries there are, the better our chances are to win.

November is Home-Based Business Month! Do you have a home-based business? If so, the PTSO is offering you a chance to sell your items and make a donation to help the school! You must have an enrolled student at BRMS and a PTSO paid member to participate. Just send us your company name, what you sell, how to get in touch with you and your website link (if you have one) and we'll send the info out to the entire PTSO membership. First come, first served is how multiple businesses of the same name will be handled. Email all requests to BullRunPTSO@aol.com. We do ask that you commit to a 20% donation of all your sales from this promotion to BRMS PTSO by December 1, 2009.

Bingo is coming, Bingo is coming! Mark your calendars for a date night with the family playing Bingo at BRMS on November 6 – 6:30-9:00! All prizes are GIFT CARDS!! Watch for more info to go home with your student the last week of October. Dinner pre-orders will again be available.

As you can see, it is very easy to help the PTSO raise funds for the school. We hope you will find these "fun-raisers" easier and a whole lot more fun than purchasing wrapping paper, etc. All "fun-raisers" are optional, but we hope you will enjoy going to them and spending time with your family!

Bull Run School Store
2009-2010
Mixing Bowl
Monday – Friday, 8:00 – 8:15

PENCILS

Regular #2
 .7 mm Mechanical
 .7 mm lead refills \$1.00
 Mini Mechanical
 Colored Pencils \$1.50
 .5 mm lead refills 2 for \$1.00

BINDERS/NOTEBOOKS

10 cents 1-subject spiral 50 cents
 50 cents ½ inch 3-ring binder \$1.50
 1 inch 3-ring binder \$1.75
 25 cents 2 inch 3-ring binder \$2.50
 3 inch 3-ring binder \$3.00
 Composition Books \$1.00

ERASERS

Plain (pink)
 Neon Erasers
 Pencil-Tip Erasers

PENS

50 cents Black 25 cents
 50 cents Blue 25 cents
 25 cents Red 25 cents

Markers

Yellow Hi-Liter
 Markers (12 pack) \$1.50
 Black Sharpie \$1.00

Miscellaneous

25 cents Small Scissors 50 cents
 Glue Sticks 50 cents
 Pencil Grips 25 cents
 Pencil Cases \$1.00
 Book Sox \$2.50
 Rulers 50 cents
 2-Pocket Folders 50 cents

PAPER

Loose Leaf \$2.00
 Graph Paper (Pad) \$1.00
 Index Cards 50 cents
 5-Tab Dividers 50 cents
 Report Covers 50 cents
 Poster Board 50 cents



Art Sketch Pads & Pencil Sharpeners are sold through the Art Department; please see an Art teacher if you would like to purchase one!



Dr. Edward Stephenson

Principal

James Addington

Assistant Principal

Yvonne Donley

Assistant Principal

Lisa Vega

Assistant Principal

6308 Catharpin Road
Gainesville, VA 20155
Phone: 703-753-9969
Fax: 703-753-9610

We are on the web..
Bullrun eagles.org

SIGNET News

6th and 7th grade SIGNET will continue to be scheduled through the Related Arts rotation. SIGNET is an ungraded class that is listed on the schedule as Independent Study with Mr. Lucier. Outside of the 9 week scheduled class, students will have a variety of after school programs offered. These include open SIGNET lab days and after school classes. These classes will be announced on School Fusion.

8th graders in Related Arts will attend SIGNET during the 3rd quarter. 8th graders in Music will be pulled on an alternating basis from PE and Music starting Sep 29. The current schedule is listed on School Fusion.

Parents should join the SIGNET page on School Fusion regardless of when your child is assigned to us.



WHAT? Candidates' Forum

**WHEN? Wednesday, October 14, 2009,
7:00 to 9:00 p.m.**

**WHERE? Verizon Auditorium
George Mason University
Prince William Campus**

All candidates running in contested races for seats in the Virginia House of Delegates representing constituents in Prince William County, Manassas and Manassas Park have been invited to attend. The candidates are: Delegate Robert G. "Bob" Marshall and challenger John J. Bell; Delegate Jackson Hunter Miller and challenger Jeanette M. Rishell; Challenger Richard L. Anderson and Delegate Paul F. Nichols; and Rafael Lopez and Luke E. Torian.

Our panelists will ask questions related to education, economic development and transportation, to give **YOU** an opportunity to learn more about the candidates' positions on these critical issues. Make plans now to attend the Candidates' Forum on October 14th. And remember to vote on November 3rd.

*This is a non- partisan, public service project
sponsored by the Prince William County Bar Association, Inc.*